



I will relax and not get tense.  
I will have no fear, because  
everything will work out in the end.  
I will learn soul balance and poise  
in a vacillating, changing world.  
I will claim Love's power and use it,  
because if I do not use it, it will  
dissolve. As long as I pause in quiet,  
be gentle with myself and others,  
replenishing my strength after  
each task, no work can be too much.

What matters most in life ...

How well I loved ...

How well I lived ...

How well I learnt to

LET GO!